

Editor's Note: Hello Summer time! Steps 4 and 5 prepares us to do Step 6. Those two steps helped me see the variety of my defects. I felt like to many things were about to change. But I also had faith things did need to change. What a relieve to know, I'm that better person when I do not have to continue those previous patterns anymore.

Step 6: "Were entirely ready to have God remove all these defects of character."

"The Action District"

District 29 June 2025 Action Log Newsletter



4th of every month.

Email them to:

d29actionlog@pugetsoundaa.org

In your reports please add time, day of the week and location of your meeting, so we can get the message out.

More Info on Page:

Reminder of Upcoming Events:

June 10th	District 29 Monthly Business Meeting	15
June 21st	Area 72 Treatment Roundtable	25
June 19th	Delegate Report Back (Renton)	25
June 22nd	Virtual Delegate Report Back	25
July 1st	D29 Picnic Planning Committee	15
July 3-6	International AA Convention	23
July 8th	District 29 Monthly Business Meeting	15
Iulv 27th	D29 Annual Family Picnic	16

All event information can be found by going to **area72aa.org** go to Events then Click on calendar date. Some information printed out on above page #.

7TH TRADITION CONTRIBUTIONS

In keeping with AA's 7th Tradition of self-support, we accept contributions only from AA members.

*When submitting contributions, please note your group's name, or with individual contributions note that you are a member of Alcoholics Anonymous.

DISTRICT 29:

Mailing Address:

Alcoholics Anonymous - District 29

PO Box 1439

Puyallup, WA 98371

*Make checks payable to Alcoholics Anonymous - District 29

AREA 72:

Mailing Address:

Western Washington Area 72

1901 Cornwall Avenue #745

Bellingham, WA 98225

*Make checks payable to Western Washington Area 72

Online contributions: https://area72aa.org

CENTRAL SERVICE OFFICE:

In person Contributions or Mailing Address:

Puget Sound AA

3640 S Cedar Street, Suite S

Tacoma, WA 98409

*Make checks payable to Puget Sound AA

Online contributions: www.pugetsoundaa.org/contribute

CSO

GENERAL SERVICE OFFICE:

7TH Tradition Contributions Mailing Address:

General Service Office

Post Office Box 2407

James A Farley Station

New York, NY 10116-2407

*Make checks payable to the General Service Board

Online contributions: https://contribution.aa.org

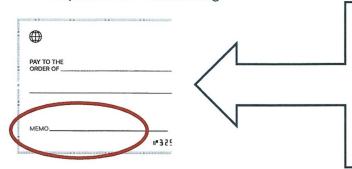




contribute? What is a prudent reserve? How to pass a "virtual" basket? Check out the AA pamphlet "Where Money and Spirituality Mix"

Wondering how to

Consider setting up a recurring contribution to become a Faithful Fiver. Faith Fivers are AA members who choose to contribute five dollars each month to support the Central Service Office in its efforts to carry the AA message of hope and recovery to the still suffering alcoholic.



MAKE SURE YOUR CONTRIBUTIONS COUNT!

DON'T FORGET TO INCLUDE YOUR GROUP NUMBER OR.

IF IT'S AN INDIVIDUAL CONTRIBUTION. NOTE THAT YOU ARE

A MEMBER OF AA.

TRUSTED SERVANTS

DCM: Fred J	<u>dcm29@area72aa.org</u>
Alt DCM: Amanda M	<u>altdcm29@area72aa.org</u>
Secretary: Open	dist29secretary@area72aa.org
Alt: Open	
Treasurer: Dan C	dist29treasurer@area72aa.org
Alt: Ryan W	
~ ~ ~ ~ ~	ist29accessibility@area72aa.org
Alt: Open	
Archives: Deborah M	dist29archives@area72aa.org
Alt: Jess J	
Corrections: Janet A	dist29corrections@area72aa.org
Alt: Open	
CPC: Scott N	${f dist 29cpc}@area 72aa.org$
Alt: Open	
-	d29csodir1@pugetsoundaa.org
_	d29csodir2@pugetsoundaa.org
Grapevine/Lit: Janeah O	
Alt: Open	
_ =	l29actionlog@pugetsoundaa.org
Alt: Mary N	123actioniog@pugetsounuaa.org
PI: DeeDee B	dist29pi@area72aa.org
Alt: George N	<u>uist25pi@area72aa.org</u>
Registrar: Brittany U	dist29registrar@area72aa.org
Third Legacy: Alana W	dist29thirdleg@area72aa.org
Alt. Carol J	distatini diegedied fadd.org
Treatment: Greg E	dist20treatment@area72aa arg
Alt:	dist29treatment@area72aa.org
12 Step: Jake F	
Facilities Liaison: Steve	R
DCM = District Committee	
CPC = Cooperation Profe	I

CI	PC = 0	Cooperation	Professionals	Comm
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PI = Public Information

GSR = Group Service Representative

Elected WW Area72 Trusted Servants of Panel 75

DELEGATE: delegate@area72aa.org Courtney S Lupita YM altdelegate@area72aa.org ALT DELEGATE: CHAIRPERSON: Derek S chair@area72aa.org ALT CHAIRPERSON: Lisa S altchair@area72aa.org treasure@area72aa.org TREASURE: Theresa P ALT TREASURER: alttreasurer@area72aa.org Derek N

District 29 Groups

Above GroundGary S Alt. Emillie M Back To BasicsRex J
Eatonville
Elbe Friday Nighters
FIR GroupBruce K
Alt. Kevin O
FirgroveLaurie S
Graham Women'sMary N
Alt. Christina P
Hang In TherePatty G
Alt
Hole In the DonutJill N
Keep It Simple SumnerChris L
Alt. Don S
Living FreeRyan W
Loft GroupKeith G
Alt. Dave F
MeekerMisty M
Alt. Woody L
OhopChelsea P
Alt. Mandy B
On Track AgainBeatriz C
Alt. Holly C Orting FiresideJoshua D
Out to Lunch Bunch
Puyallup Men's StagShaun R
Puyallup Service GroupBryce J
Alt. Jasmine P
Seeking Our SolutionRachel K
Alt. Rick B
Sober Sisters of SumnerAnnie M
Alt
Solution is the JourneyJohn P
Alt. Robert
Trusted ServantsMitch M
Alt. Janeah O
Women On TappsSherrie S
Alt

Trusted Servants Monthly Reports

DCM: Fred J Report on Page 6 dcm29@area72aa.org

Alt DCM: Amanda M Page 6 <u>altdcm29@area72aa.org</u>

Secretary: dist29secretary@area72aa.org

Alt:

Treasurer: Dan C <u>dist29treasurer@area72aa.org</u>

Alt: Treasurer Report on page 5

Accessibility: Ty S <u>dist29accessibility@area72aa.org</u>

Archives: Deborah M dist29archives@area72aa.org

Alt: Jess J

Corrections: Janet A <u>dist29corrections@area72aa.org</u>

Alt: Corrections Report on page 18

CPC: Scott N <u>dist29cpc@area72aa.org</u>

Alt: CPC Report on page 17

CSO Director 1: d29csodir1@pugetsoundaa.org

CSO Director 2: Woody L <u>d29csodir2@pugetsoundaa.org</u>

Grapevine/Lit: Janeah O <u>dist29gvlit@area72aa.org</u>

Alt:

PI: DeeDee B dist29pi@area72aa.org

Alt: George N PI Report page 17

Registrar: Brittany U <u>dist29registrar@area72aa.org</u>

Third Legacy: Alana W <u>dist29thirdleg@area72aa.org</u>

Alt: Carol J Third Legacy Report on page 17

Treatment: Greg E <u>dist29treatment@area72aa.org</u>

Alt:

Newsletter: Grace C <u>d29actionlog@pugetsoundaa.org</u>

Hello to All in District 29, Happy June!

So many things to do this month that will never happen again. How many love that Summer has started? Please enjoy this months Action Log and share it or pass it around, you never know what one event or piece of information will help another alcoholic!

Thank you for allowing me to be of service, Grace

Alt: Mary N

12 Step: Jake F

Facilities Liaison: Steve B

District 29 Treasurer's Report May 2025

	Donations											
Groups	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	ост	NOV	DEC
Above Ground	\$ 40.00	\$ 40.00	\$ 30.00	\$ 30.00	\$ 45.00	-			-	150.		520
Back to Basics	\$ 40.00	\$ 40.00	\$ 40.00	\$40.00	\$ 40.00						 	
Eatonville Group				\$150.00								
Elbe Friday Niters												
FIR (Fellowship In Recovery	\$544.00											
Firarove Group	\$ 180.00											
Fresh Start												
Graham Group	\$340.00		 						<u> </u>			-
Graham womens group Hang in There (HIT)	4010.00				-	-						-
Hole in the Donut								-				
Keep It Simple Sumner (KIS					\$1,100.00						<u> </u>	
Living Free					\$100.00							
Loft Group	\$47.92	\$10.00	\$10.00	\$10.00	\$ 33.00							
Meeker Fellowship												
OHOP Nuts and Bolts			\$139.11									
Ortina Fireside												
Out to Lunch Bunch		\$ 300.00										
Puvallup Group		\$200.00	-		\$400.00				-			
Puyallup Men's Stagg		φ200.00	\$279.40		\$100.00			-				
Puvallup Service Group Seeking Our Solution (SOS)			7270,70	\$300.00							 	
Shop Group				700000							 	
Sober Sisters of Sumner												
Solution is the Journey												
Trusted Servants	\$ 50.00	\$50.00	\$50.00	\$50.00	\$ 50.00							
Women on Tapps			\$80.00									
Total Group Donations												
District 29 7th Tradition	\$ 103.00	\$71.00	\$ 114.00	\$ 82.00	\$ 54.00							
Income Special Events												
unknown	\$23.00											
Total Income This Month	\$ 1.367.92	\$ 711.00	\$ 742.51	\$ 662.00	\$ 1522.00							
EXPENSES DCM				\$ 173.59								
Alt DCM				\$55.00				-				
Secretary				******								
Treasurer			\$14.60									
Newsletter												
Accessibility												
Archives		\$82.45	\$99.08		64.57							
Third Legacy												
Corrections		A07.40										
C.P.C	\$202.66	\$67.40 \$41.00										
Pub. Info Registrar	Ψ 202.00	\$41.00		\$ 94.46				-				
Treatment				-				 				
12 Step									—			
Annual Donation CSO 60%									 			
Annual Donation WWA 30%												
Annual Donation GSO 10%												
CSO Phones			\$ 195.00	\$ 65.00	\$ 65.00							
Meeting Room Rent	\$ 200.00	\$200.00	\$ 200.00	\$ 200.00	\$ 200.00							
Post Office Box				\$ 210.00								
Storage Rent	\$ 138.00	\$ 138.00	\$ 138.00	\$ 138.00	\$ 138.00							
Zoom	\$ 17.61	\$17.61	\$ 17.61	\$ 17.61	\$ 17.61							-
Total expenses	\$ 558.27	\$ 546.46	\$ 664.29	\$ 953.66	\$ 485.18			-			 	
NET Monthly Balance	\$ 809.65	\$ 164.54	\$ 78.22	\$ 291.66	\$ 1036.82							
Beginning Bank Balance	\$22,439.98	\$ 23,249.63	\$ 23,414.17	\$ 23,492.39	\$ 22,166.21							
Ending Bank Bal.	\$ 23,249.63		\$ 23,492.39	\$ 22,166.21	\$ 23,203.03							
	\$8,232.69	\$ 8.379.23	\$8,475.45	\$8,183.79	\$9,220.61							
PRUDENT RES. **	\$2,516.94	\$2,516.94	\$ 2,516.94	\$ 2,516.94	\$ 2,516.94							
Special Events Begin Bal	\$ 12,500.00	\$ 12,500.00	\$ 12,500.00	\$ 12,500.00	\$ 11,465.48							
Picnic Expenses				\$1,034.52								
Picnic Income				•								
Picnic Balance	\$ 2,500.00	\$ 2,500.00	\$ 2,500.00	\$ 1,465.48	\$ 1,465.48							
Gratitude Banquet Exp			-									
Gratitude Banquet Exp Gratitude Banquet Income	\$ 10,000,00	\$ 10,000,00	\$ 10,000,00	\$ 10,000,00	\$ 10,000,00							

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DISTRICT COMMITTEE MEMBER DCM & Alt DCM REPORTS

DCM

Greetings from your DCM District 29,

Things are going well with good attendance at the business meeting and robust participation in service, including several more Third Legacy presentations. My Alternate DCM Amanda M got to run last month's meeting since I was on a bike trip around the Olympic Peninsula. We look forward to our District Family Picnic coming up this Summer. We've had quite a bit of participation in the organizing committees. We plan on having a talent show this year, so we will see what kind of talent, *besides recovery*, we have in District 29.

Fred Johnstone District 29 DCM dcm29@area72aa.org (253) 229-7435

Alt DCM

Greeting District 29,

We had a very filled May. Attending Third Legacy Panel at the group of the Trusted Servants. It was great way to visit a meeting I haven't been to in awhile and hear the things we have more in common! To share my Service position and then hear their group members share about their service journeys.

Then on May 13th my first experience at District meeting Chair with the DCM Fred J out of town. I had fun and we covered a lot of things and it went well. I'm always excited to hear how busy all the committees are finding ways to reach the still suffering alcoholic. Our next picnic planning meeting will be on Tuesday July 1st, 6:30pm at 432 Wood Ave, Sumner. Please come be apart of this great event. There are plenty of service position to fill. With the picnic only 6 weeks away, I'm looking forward to hearing about group baskets, themes and who is donating one? We are planning for another hot day, and having cooling items about. And don't forget about - new this year, you could have 5 minutes of a Talent show hour. So much to do come be part of it.

- *Please donate pocket change and bills to the coin cans for Kids Activities
- *Volunteers to set up and clean up, many other service opportunities
- *Let us know if your group is donating a basket or item to the Picnic Raffle And one group will go home with a Plaque award with bragging rights for a year. All proceeds from the raffle go into a fund for a picnic next year!!!

Amanda M District 29 Alt DCM altdcm29@area72aa.org

GROUP SERVICE REPRESENTATIVE GSR REPORTS

ABOVE GROUND*

We have meetings on Monday and Fridays at noon. This space has ground-level entry, so it is accessible to all. There are large windows that allows the natural light of the day in. Warmer weather is approaching and is there a better way to relax than by spending an hour and quarter with good friends, coffee and treats? The church has provided us with an extra room that we use for childcare or it would be good for private one-on-one talks. Come meet up with some old friends or meet new ones. Our meetings are held at;

Sumner First Christian Church 432 Wood Ave. Sumner, WA 98390

On the last Friday of the month we provide cake and celebrate the sobriety of our friends.

In May we celebrated with:

Janet S8 monthsSteve B6 yearsEric L29 yearsEmillie M18 monthsLynn L29 yearsBill D44 years

Congratulations to all!

Thank you Emillie M for bringing the cake this month.

BACK TO BASICS*

Hello from Back to Basics,
We have closed meetings every <u>Tuesday evening</u>
<u>at 7:00pm</u>. In the white chapel basement of
<u>Mountain View Lutheran Church</u>, <u>3505 122nd</u>
<u>Ave E, Edgewood</u>. Home group speakers share
every third Tuesday of the month. Birthday
nights are open on the last Tuesday and we have
sweets to share. We hope to see you all there!

May Birthdays:

Scott - 1 year Ann B - 8 year Kayla S - 15 years Sue C - 30 years Julia J - 30 years Di - 37 years

EATONVILLE

American Legion Hall, 123 Rainier Ave N, Eatonville, WA 98328 Tuesday 7pm - 8pm, Wednesday 12-1pm, Saturday 9am -10am

ELBE*

Greetings from greater downtown Elbe (virtually)!

Elbe Friday Nighters meets every Friday at 7pm on Zoom. If you haven't come out to visit us, please think about it some Friday. The weather is always pleasant and the commute is easy! Come and join us in the (virtual) Shadow of the Mountain! Sign in information below and other information can be found on the <u>elbeaa.org</u> website. Check it out, it includes incite to both Elbe groups.

Zoom meeting ID: 208 089 505 Congratulations to all the birthday peeps in District 29!

Passcode: 008670

Come join us! Keep coming back! Toddy F

FIR*

The <u>F</u>ellowship <u>In Recovery</u> (FIR) group celebrated birthday night on Tuesday May 27, 2025, at 7pm, with an Al anon/AA speaker meeting. The FIR continues to have good attendance at meetings. Most of the meetings we are focused on <u>Big Book</u> study with the first Tuesday of the month devoted to a Tradition.

FIR group meets twice a week on Tuesday at 7pm and Saturday at 8am, at <u>Sound Life Church</u>, <u>101 Corrin Ave SW</u>, in Orting. With the last Tuesday being Birthday night. On Tuesdays, there is a concomitant Al-anon Family Group, Families in Recovery meeting, upstairs at 7pm.

Birthday night was a big success, with two excellent speakers.

FIR Group May 2025 Birthdays: 2 months: Hector B, Nick N 5 months: Sarah M 6 months: John D 7 months: Kyle L 9 months: Stacie, Anne F, James S, Russ A 11 months: Julia D 1 year: Steven H 12 years: Kevin O, Brett L 30 years: Chet K

FIRGROVE*

Greetings from the Firgrove,

All is well here and meeting attendance is good. As always we have plenty of room and coffee for new and old faces. Come join us on Mondays and Fridays...or try both.

Many thanks to our Birthday Chair Aaron for an excellent job as usual and our personal baker Laurie for another fabulous cake. Also big thanks to Rebecca B from Back to Basics for sharing her strength and hope! On a side note, So happy to hear that Meeker Fellowship group will soon have a new home!

In Service, We meet at

Tim T

Celebrated Birthdays For May2025:

Garv 24 hours Colin 2 months Kyle 7 months Matt 3 years 6 years Steve 8 years Olga 21 years Ryan Sue 30 years 32 years Deborah

Congratulations to all & Happy Birthday to all!!!

Pilgrim Lutheran Church 10510 136th St E Puyallup, WA 98374

Newcomers are always welcome

We meet Mondays (closed) meeting alcoholics only, 8pm to 9pm Fridays (open) meeting 8pm-9:15pm

Business meeting 3rd Monday of the month at 6:30pm. Followed with a Traditions meeting at 8pm-9pm

Birthday night speaker meeting the last Friday of the month 8pm-9:30pm. With speaker, coins and cake.

GRAHAM WOMEN'S GROUP*

Our group of wonderful women, are happy to share each other's experience, strength and hope. Graham Women's meets on Saturdays at 9am- 10:15am. Location:

Lutheran Church of St Paul

22419 108th Ave E

Graham, WA 98338

We are a hybrid meeting:
Zoom ID: 428 9538 662
Password: 036816

Business meetings are held immediately after our regular meeting on the first Saturday of the month. We enjoy celebrating Birthdays on the last Saturday of the month, come join us, ladies.

<u>May Birthdays:</u>

Vanessa - 24 hours Maria - 2 months Erica - 3 months Melanie -4 months Jess - 10 months Turtle - 31 years

Hang In There (HIT) Group Report May 2025

We welcome everyone to our group! This is a kid friendly meeting.

Our meetings on Zoom are held Monday – Saturday, 11 am-12:15 pm

Meeting ID: 870 333 8446 (New zoom ID)

Password: 201999

*We no longer provide verification letters of meeting attendance on Zoom.

We meet in-person Monday – Saturday, 11 am-12:15pm
At Christ Community Baptist Church – portable classroom #3
Address: 8016 176th St E, Puyallup, WA 98375
Meeting opens at 10:30 am for fellowship.

Upcoming Events:

June <u>Business Meeting</u> will be held on Friday, 6/20/25 immediately after our regular meeting. June <u>Birthday Meeting</u> will be held on Thursday, 6/26/25 during our regular meeting hours.

Join us for cupcakes, ice cream and a speaker!

May Birthdays - Speaker Wanda R.

30 days – Meri C.

18 yrs. — Lisa O.

36 yrs. – Denny B.

6 mos. – Adam H.

20 yrs. – Corrine J.

38 yrs. – Richard

8 yrs. — Lucinda B.

31 yrs. - Pam D.

HOLE IN THE DONUT*

Hello from the Hole In the Donut Group!

Our meetings are held every Sunday from 11:00 am - 12:00 pm. We meet at the <u>United Methodist Church, 109 Train Street SE, Orting.</u> We celebrate sobriety birthdays on the last Sunday of the month. We had a pretty good turn out. All are welcome to join us for hot coffee and of course, donuts. Also, our group is working on a community vegetable garden project at the church. We harvested a second batch of strawberry's. Yummy, come garden with us! HOPE TO SEE YOU SOON!

In May we celebrated with: Sally T with 38 years! Congratulations to all who celebrated.

KEEP IT SIMPLE SUMNER

United Methodist Church, 901 Wood Ave, Sumner, WA 98390 Open meeting, Wednesday 7-8pm. Birthday night is the last Wednesday of the month. Our business meetings are the 2nd Wednesday of the month after the regular meeting. *From the Editor: The Third Legacy panel visited KISS this month. It was great for us to share and I'm always pleased to see a line to ask questions afterwards. And love when they're interested in receiving a few more newsletters to be printed for their group.

Grapevine quote for April 8, 2021

"When I go to a meeting today, I no longer have the delusion that I am supporting a good cause· I need AA: AA did quite well without me during my ten years of self-exile· I go to AA meetings today to hear and see how God is working· When I share at a meeting, it is not to try and 'help' those poor wretches, it is because I need their help and guidance·"
"Garden Hose Sobriety," El Paso, Texas, October 2006, Voices of Long-Term Sobriety

LIVING FREE*

The Living Free Group is located in Puyallup at the corner of 5th and Pioneer at the First Presbyterian Church, every Sunday at 6:30 pm. This is an open meeting, and all are welcome. We have a birthday speaker meeting the last Sunday of the month along with a potluck which starts at 6:00 pm. Our guest speaker for the month of May was Tim, who shared his Experience, Strength, and Hope.

May Birthdays:

24 Hours	Emily	9 Months	Joseph
24 Hours	Justin	6 Years	Steve
4 Months	Amy	21 Years	Ryan
6 Months	Sean	42 Years	Robert

Happy Birthday to everyone.

Hope to see all of you soon at Living Free!!!

Kevin C.

LOFT*

Hello from the Loft Group! 10216 29th St E Edgewood, WA 98372

Open Meetings:
Daily Meetings: Noon &
8pm

Mon, Tues, Wed, Fri, Sat &
Sun ~ 6pm & 8pm

In-Person Women's

Meetings:
Wed & Sun ~ 6pm

Zoom Women's Meetings: Wed & Sun ~ 6pm ID: 862 7295 5592 Password: 035163 At the Loft we love to have fun! We are taking a road trip to Ocean Shores June 14th to attend a speaker meeting, come join us! Our business meeting is held on the 3rd Thursday each month at 7pm. We ask that all chair people and trusted servants attend so they know what changes are happening at our cozy hall. However, everyone is welcome to come to our business meetings! Come see how they operate, have your voice heard, or get any questions you have answered on June 19th at 7pm.

We celebrate birthdays at the Loft in person the last Wednesday of each month at 6pm (women and children only) and the last Friday of each month at 8pm (open) and with coins, a speaker, and treats. The Loft women on Zoom also celebrate birthdays on the last Wednesday of each month at 6pm, followed by a speaker and time at the end of the meeting for open sharing.

Happy Birthday

Karissa 2 months	Desirae 5 months	Ben 43 years
Monty 2 months	Laura K 5 months	
Katina 3 months	Jen 5 months	
Jacklyn 3 months	Lindsay C 11 months	
Tim 3 months	Sarah C 7 years	
Crystal 4 months	Tamara C 19 years	

Thank you to our Birthday Speakers:

Heather G, Pam & Pam H

Happy Birthday Everyone! Remember to stay in the middle of the herd.

Tara S

MEEKER FELLOWSHIP*

Camp Out flyer on page 22

May Birthdays: 24 hours Patrick B, 60 days Monty F, 3 months Chris C, 4 months Trinity W, 6 months Jamie M, 9 months CeCe W, 1 year Sarah B, 18 months Anthony (Taco) J, 18 months Nicole C, 2 years Dean P, 3 years Meagan M, 4 years Samantha H, 6 years Jack C, 9 years Amber G, 23 years Carolyn P

We are thrilled to announce we have a new Meeker location (at the Puyallup Elks) sometime in the latter part of June. Stay tuned for details.

Meeker Fellowship Continues on page 11

Meeker Fellowship continued from page 10

Friends of Meeker Fellowship Larry H

At approximately 4:45pm Friday the new lease was signed giving the Meeker Fellowship Group their new home at the Puyallup Elks Club.

This is the eighth different location we've held meetings at in our 45 year history. It will be the sixth location in which we will call home.

In March of 1980 the group was founded in a house behind the Puyallup police station. After starting that building on fire we were forced to move to the now infamous "Old House" located just below Good Samaritan Hospital. Eleven years later, around September of 1993, the beloved Old House was lost in an arson fire, and we took up residence briefly at the District 29 office located in the basement of the McMillan Grange. It was during our stay there, that a meeting was held to decide the fate of the Meeker Group. People came from all around to voice their opinions. Many old timers said we had outlived our usefulness, and the fire was a sign that we should disband and retire the group number. This was a turning point in the history of the group. Those of us who loved Meeker stood our ground and said, "Hell No!" We're not going anywhere! I believe that was the night the Meeker Group cemented its legacy of dogged determination and it's never say die attitude.

From there, in November of 1993, we moved to a strip mall on river road where we held meetings until 1997, when we moved to an old machine shop located at 414 Spring Street by the railroad tracks. This location was home to the group for 17 years until we relocated to the hall at 207 west main. After 9 years there, we were forced to leave that facility and without a permanent home in sight, the Loft group graciously allowed us to hold meetings until the new home at the Elks Club was found and is ready for occupancy.

So how long will the Meeker Fellowship go on? Only God knows that for sure, but I believe that armed with its never say die attitude born on that fateful night, we'll be helping the still suffering for many years to come.

Respectfully,

Larry H.

OHOP*

OHOP Nuts and Bolts meets in "God's Garage" next to Bethany Lutheran Church located at 26418 Mountain Hwy East, Spanaway, WA 98387. We meet 7 days a week at 7pm. Monday book study night. On Monday, Tuesday, Wednesday and Friday we have Closed meeting (Alcoholics only). With Open (all welcome) on Thursday, Saturday and Sundays. Our business meeting is on

Saturday *after* the second Tuesday each month at 5pm. Our birthday night is the last Saturday each month at 7pm. We celebrate birthdays for 24 hours and each month up to year, 18 months and all year celebrations.

April Birthdays:

24 hours 9 months Mila S Brandon H Michael H 10 months Bill F Rod B <u>60 days</u> 1 year Matt J Kari A 3 months Anthony R Katie C 2 years Ti H 4 months Ashley D 15 years Jon J 7 months Dan P 31 years Brad J

May Birthdays:

24 hours 8 vears Lucinda B Michael H Shawn S April H 10 years 1 month Stacie N Vic Z 2 months 20 years Natalina M Garv T 10 months 33 years Brandon H Renee B Sam P 11 months Bill

^{*} Editor's error (and apology) on missing birthdays April 2025 here they are:

ON TRACK AGAIN

Our group meets in the Mt Rainier Dining Car, located on 54106 Mountain Highway East, Elbe, WA 98330. We meet every Wednesday night at 6:00pm for an open meeting. Then once a month on the second Sunday join us for a Spiritual Breakfast Speaker meeting: seating is open at 9:30am, meeting begins at 10am. Our business meeting is held on last Wednesday of the month, following the regular meeting. As the daylight hours increase, we encourage you to go for a scenic drive and join us, to share our experiences, strength and hope.

There is an Elbe group website: elbeaa.org

ORTING FIRESIDE *

Greetings from Orting Fireside Group!

Our meetings are on Mondays and Thursdays from 6:30pm - 7:30pm. We meet at the <u>United Methodist Church, 109 Train St SE, Orting, WA 98360</u> We celebrate sobriety birthdays on the Thursday of the month. Join us for cake, coffee, coins and a speaker too! We want to thank our Speaker John F, and sharing his life change for the better.

In May we celebrated the following birthdays:

Rachel 10 months, Judy W 7 years, Tori S 25 years

OUT TO LUNCH BUNCH*

The Out To Lunch Bunch is an open meeting of Alcoholics Anonymous. We meet at noon each Tuesday, Thursday and Saturdays. Our Tuesday meeting is a book study. We are currently reading from the stories in the back of the "Big Book" and having some excellent discussions. As the warmer months approach, we will be taking advantage of the air conditioner, for comfort. The church has provided an extra room, that we can use for childcare or it is also a good space for private one-on-ones talks. We are located at: Summer First Christian Church, 432 Wood Ave, Sumner, WA 98390. The last Saturday of the month is our birthday meeting, during which we provide coins and some sort of sweet treats. All we ask is for you to bring your experience, strength and hope.

In May we celebrated with:

Marc T 5 months, Jessie G 5 months, Janet S 8 months, Paula M 9 months, Erica M 9 months, Steve B 6 years, Tom F 39 years

Congratulations to all and to all with another day of Sobriety! Special thank you to Paula M for bring a delicious carrot cake.

PUYALLUP MEN'S STAG*

Hello from Puyallup Men's Stag group, Our group meets at 7pm every Thursday at: Peace Lutheran Church, 214 East Pioneer,

Puyallup, WA 98372

We added a book study every Tuesday night at 7pm, in the Agate Room.

Thank you to our May Speaker - Roger B! <u>Congrats to our May Birthdays:</u> Anthony - 24 hours, Anthony D - 1 month, Clarence S - 10 months, Steve B - 6 years, Shaun S - 8 years, Ryan M -21 years, Eric L - 29 years

PUYALLUP SERVICE GROUP*

Hello from Puyallup Service Group.
We meet Wednesday and Saturdays at 8-9pm.
Our business meeting is the 3rd Saturday of every month.
Our birthday night is the 4th Saturday of every month.
Our phone commitment is the 4th Friday of every month at the CSO from 6-9pm, all are welcome to join.

PSG Birthday for May:

1 month Monte 11 months Marie 21 years Brian 32 years Deborah

We meet at: Celebration Lutheran Church

2500 Shaw Road East Puyallup, WA 98371

SEEKING OUR SOLUTION*

Seeking Our Solution (**SOS**) meets every Saturday from 8:00am at the First Presbyterian Church, 412 West Pioneer Ave, Puyallup, WA 98371. Right across from the Police Station and just a block from the farmers market!

Our business meeting happens on the third Saturday, after regular meeting. And we host a breakfast potluck on the last Saturday to celebrate milestones.

In May, we proudly celebrated these milestones:

Rick B 1 year Colleen C 2 years Steve B 6 years

SOBER SISTERS OF SUMNER*

S.S.S. is an open Women's meeting that meets every Wednesday 12:30-1:30 at

Sumner First Christian Church - 432 Wood Ave, Sumner WA 98390

Childcare is provided. This group has fun, along with the seriousness of getting and staying sober. Come join us ladies and hear laughter at every meeting, and sharing the message. Our business meeting is the 3rd Wednesday of the month, right after the regular meeting. The birthday meeting is the last Wednesday of the month.

Birthdays for May 2025:

Rae - one day, April - one month, Lisa - four months, Anita - four months, Heather - five months, Sue - six months, Phyllis - eleven months, Julia - one year, Heidi - two years, Lynne - twenty nine years (And I think that is roughly 12,976 days of sobriety being celebrated)

Gratefully, Annie May SSS GSR

SOLUTION IS THE JOURNEY*

Meets at: Graham Church of Christ 9524 224th Street East Graham, WA 98338 Monday - Friday at Noon to 1:00 Birthdays for May 2025:

Michael 2 months
Joe 2 months
Chris 3 months

Susanna 2 months

TRUSTED SERVANTS*

Hello from Trusted Servants.

We meet for one hour every Monday at 7pm, Faith Covenant Church, 1915 Washington Street, Sumner.

Our business meeting is held the 3rd Monday of the month at 6pm. Trusted Servants always has room for anyone who would like to be part of a fellowship filled with strong sobriety and principles. Please join us and make Trusted Servants your home group. Our group hosted a Third Legacy presentation May 12th, to learn about how easy it is to get involved in service within the group and/or at district. Thanks to from District Amanda - Alt DCM, Deborah - Archivist, Dan - Treasurer, Grace - Action Log Editor, Steve -Building Facilitator, Janeah - GV/Lit Chair, myself Carol - Third Legacy Alt Chair, Mitch Group GSR, Erin Group, Courtney Group, Amber Group.

Our group participated in two treatment facility commitments this month and thanks to all the volunteers that supported Royal and Semar.

We celebrate AA birthdays the last Monday of each month with "the Best Potluck in town," starting at 6:15pm. Birthday coin celebration and open sharing starts at 7pm. This month we had an abundance of delicious food and a wide variety of sweets and treats that left everyone full and happy.

Celebrating May AA birthdays:

24 hours - Jerry	6 years - Steve	
5 months - Gia	38 years - Sally	
2 years - Brendan and Liz	42 years - Robert	

Happy Birthday to all. We hope to see you all again soon!

In Service,

Trusted Servants

WOMEN ON TAPPS*

WOT is an open Women's meeting on Monday nights at 7pm to 8:15pm. We have childcare for mothers that need a meeting. We enjoy the increasing number of Women at the meetings. We are grateful for the joy of fellowship

Lake Tapps Community Church 17017 Forest Canyon Road E Lake Tapps, WA 98391

created by sharing our experience, strength and hope with each other. Our group would like to thank Lynn L for speaking at our Birthday meeting. With it being her birthday month celebrating 29 years of sobriety, we really enjoyed her sharing her experience, strength and hope with us.

We love our birthday meetings, May 26th meeting had 34 women attending. Please join us ladies. May Celebrating Birthdays are:

Paula	30 days	Rebecca	1 year
Cheyanne	5 months	Sherrie	2 years
Amanda	7 months	Colleen	2 years
Daniel	9 months	Lynn L	29 years

Our group's rotating schedule is:

1st Monday of the month
Big Book study
2nd Monday is Step study
3rd Monday is Tradition
12&12 study
Last Monday is Birthday/

speaker meeting

GSR EVENTS

GSRs: Our Delegate Courtney has returned from the Conference in New York. Next is the Delegate Report Backs, so you can return to your group with what was decided. Make sure you attend one listed below. Next on the agenda will be preparing for the Pre-Assemblies with the Assembly in October.

July 8th and Aug 12th
All District meetings are held on the
Second Tuesday of every month
In Person at:
Sumner First Christian Church
432 Wood Ave, Sumner, WA 98390

Or (District Meeting Only):

Zoom ID: 822 8664 9231

Password: 349029

Committee Meetings:

2nd Tuesday <u>June 10th</u> at 6:30 pm

District 29 Monthly meeting

3rd Tuesday <u>June 17th</u> at 6:30 pm

Treatment Meeting

4th Tuesday <u>June 24th</u> at 5:30pm

CPC / PI Meeting

1st Tuesday <u>July 1st</u> at 6:30 pm *District Picnic planning committee* Several Delegate Report backs have been scheduled.

Go to <u>Area72aa.org</u> if you did not attend the June 7th one.

For more details on ones listed. And take someone with you!

Delegate Report Backs

Sat Jun 7th 10am- 2pm, Christian Life Center
No Zoom 1780 SE Lincoln Ave
Port Orchard, WA 98366

Port Orchard, WA 98366

Sat Jun 14th 10am - 2pm, Faith Family Christian Center No Zoom 2203 38th Ave, Longview, WA

Thu Jun 19th 6pm- 9pm, Renton Methodist Church No Zoom 2201 NE 4th St. Renton. WA

Sat Jun 21 12- 4pm, Steilacoom Community Church
No Zoom 1603 Rainer St. Steilacoom, WA

Sun Jun 22 10am -1pm Virtual Event

Passcode: ConP75

Sat Jun 28th 10am- 2pm Battleground Community Center
No Zoom 21609 NE 72nd Ave, Battleground, WA

Sun Jun 29th 10am- 2pm, Skagit PUD Building

Hybrid 1415 Freeway Drive, Mt. Vernon, WA

Zoom ID: <u>970 3994 0348</u> Passcode: 483743

Sat Jul 19th Central Districts
Time, Where, and Address still TBD

Pre-Assembly flyer is on Page 19

GSR PREAMBLE

We are the General Service Representatives. We are the link in the chain of communication for our groups with the General Service Conference and the World of A.A.

We realize the ultimate authority in A.A. is a loving God as He may express Himself in our Group Conscience. As trusted servants, our job is to bring information to our groups in order that they can reach an informed group conscience. In passing along this Group Conscience, we are helping to maintain the unity and strength so vital to our fellowship.

Let us, therefore, have the patience and tolerance to listen while others share, the courage to speak up when we have something to share, and the wisdom to do what is right for our group and A.A. as a whole.



21718 MERIDIAN E

11AM FELLOWSHIP NOON POTLUCK 1PM TALENT SHOW

SIGNUPS START AT 11 FOR A 5 MIN TIMESLOT. FIRST COME FIRST SERVED

2PM RAFFLE & 50/50 DRAWING

KIDS WATERSLIDE BOUNCE HOUSE, DJ, FELLOWSHIP AND MORE!

BURGERS AND HOTDOGS PROVIDED PLEASE BRING A SIDE DISH OR DESSERT

SERVICE OPPORTUNITIES AVAILABLE HELP US PLAN, COOK, SETUP ETC

CONTACT KORI G 253-686-7940
OR AMANDA M ALTDCM29@AREA72AA.ORG

May 2025 District 29 Third Legacy Monthly Report

Hello from 3rd Legacy,

What a busy May we had this month. We had 2 excellent 3rd Legacy presentations. On May 12th we visited Trusted Servants in Sumner and on May 21st, we visited KISS Keep it Simple Sumner. Thank you to the GSR's for the invitation and thank you soooo much to the Trusted Servants who took time to share with others their service positions and the impact it has had on their sobriety.

We look forward to all the presentations ahead, we would like to come to your Business, Birthday or Regular meeting to talk about service. Each standing committee chair will share briefly about what their position entails and how long the position lasts. So, if your group would like a 3rd Legacy, please contact Alana below.

In service,

Carol J Alt 3rd Legacy

Alana W 3rd Legacy Chair 206-519-1508

<u>Dist29thirdleg@area72aa.org</u> and/or alanaw28@yahoo.com

May 2025 District 29 Cooperation with the Public Community Report

Hello District 29,

We will continue meeting on the last Tuesday of the month at <u>5:30</u>pm with PI at the same time and place. I will be inquiring about if Unions are interested in a information panel or meeting.

Please ask a group member to come join our monthly meetings to bring back to your group whats going on and how all can carry the message. Or to share ways we can accomplish this.

In Service, Scott N, District 29 CPC Chair dist29cpc@area72aa.org

May 2025 District 29 Public Information (PI) Monthly Report

Hello District 29,

We CPC and PI will continue to hold combined meetings on the 4th Tuesday of every month at 5:30pm. All are welcome come find out what's happening. Be the one to bring back the information to your group. We are taking information from AA members who would like to be part of AA booth at the Puyallup Fair this year. Let us know early, you'll need to take a 2-hour class before fulfilling this service position. You will receive free parking and ticket to the fair. Reach out to Alt. PI Chair George N, he will help you with this, 253-377-0453. We had a great meeting on May 27th, interesting topics gathered. With the school year coming to an end we have one more panel going into Orting HS before the school year ends. We have many things to share please come find out.

DeeDee

D29 PI Chair dist29archives@area72aa.org George N

Alt. D29 PI Chair 253-377-0453

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May 2025 District 29 Corrections Monthly Report

District 29 Corrections Report

June 10, 2025

Hello District, Trusted Servants, Thank you for allowing me to be of service!

*I attended the CSO Corrections Meeting in Tacoma on Thursday, May 8th

- Taking 12-step meetings inside correctional facilities.
- Providing Big Books and other conference-approved literature to correctional facilities for inmates to request. 100% of these literature requests are funded by GSIG Pink Can Fund Donations.
- Provide newly released members with an AA member on the outside prior to their release to help get those members to their first AA meeting on the outside.
- Writing letters to men and women who want recovery support while they serve time.

We serve the following areas: Puyallup, Eatonville, Orting Area

Contributions for Pink Can have gone down a little, however, I am still getting donations. Currently a little over \$40, which is better than nothing!

Literature Donations: Going well. Donations down since last month.

The Correspondence Program is like a Sober Pen Pal who shares their experience, strength and hope with an inmate.

I facilitated my first Corrections Meeting on Tuesday, May 27th. There were 3 people in attendance. We discussed the different locations that are open. Flyers, Contact Sheet, Facilities Sheet, Correspondence Form were all distributed. I received a Pink Can donation from one of the attendees.

I emailed Purdy to receive information regarding applications. There are members that are interested in this facility, as well as me. I have not heard back yet.

New Business: The Spring Corrections Quarterly Area 72 will be held on Saturday June 21st from 12-4 pm. There will be a special guest speaker: Donna H., to discuss the history of Corrections in Area 72. Flyer is attached.

Janet A. <u>dist29corrections@area72aa.org</u>

District 29 Corrections Chair

Spring Area 72 Corrections Quarterly

Saturday June 21st 12 - 4 PM



5507 6th Ave S Seattle, WA 98108

Or

Zoom

ID: 873 0585 5427 Password: 331463

Special Guest Speaker: Donna H to discuss the History of Corrections in Area 72

Potluck please bring something to share and 7th Tradition will be observed.

PRE- ASSEMBLY PIERCE CO.

DISTRICTS 9, 29, 43, 44, 45 & 54

NOON-4

YOU'RE INVITED TO COLLABORATE AND LEARN WITH US

SATURDAY AUGUST 9TH

Bethlehem Lutheran Church 101 E. 38th St Tacoma, WA

Bring Snacks, and yourself And something to write with...

PUGET SOUND CENTRAL SERVICE OFFICE ANNOUNCEMENTS

Members in our Districts 9, 10, 29, 43, 44, 45 and 54:
We are in desperate need of volunteers to cover daytime shifts to answer phones and sell literature here at the PSCSO. Go to http://www.aavolunteer.com.

Retail Store:

Open Monday - Sunday 10 a.m. to 6 p.m. and sometimes until 9:00 PM.

Please call first to make sure the admin or a volunteer is here before coming. 253-474-8897

Administrator office hours are:

Tuesday - Saturday 10:00 a.m. to 4:00 pm

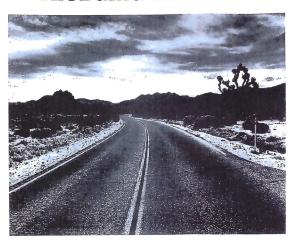
Administrator contact #: 253-503-6845 Email: csoadmin@pugetsoundaa.org

Puget Sound AA Central Service Area (PSCSO) 3640 S Cedar St S, Tacoma, WA 98409 www.pugetsoundaa.org 253-474-8897 also a 24/7 hot line # Daily hours 10am - 6pm

Service positions that still need to be filled:

- Answer phones
- Webmaster
- Newsletter Editor
- Archivist
- And several Alt. positions like Alt. Treasure

TRUDGING THE ROAD



An open meeting of Alcoholics Anonymous Big Book Study Thursday Evenings @ 6:00pm

Al-Anon and Alateen meet concurrently

First Presbyterian Church of Puyallup 412 W. Pioneer Ave Puyallup, WA Starting May Ist 2025



REGISTRATION CLOSED – OPENS JULY 15th, 2025

She Thang' Women's Conference 2025 SAVE THE DATE! SEPTEMBER 26th, 27th & 28th 2025

Seaside Convention Center – 415 1st Ave. Seaside, Oregon 97138

Registration Only	Full Registration
\$65.00	\$90.00
• Speakers	Speakers
Workshops	e Workshops
Talent Show	Talent Show
lce Cream Social	Ice Cream Social
Free Coffee	• Free Coffee
Sunday Breakfast	 Sunday Breakfast

Step 6:

- Were entirely ready to have God remove all these defects of character.

Tradition 6:

- An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property

and prestige divert us from our primary purpose.

Concept 6:

- The Conference recognizes that the chief initiative and active responsi bility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

Principle 6:

- Willingness



JOIN US FOR ANOTHER MEEKER CAMPOUT and PICNIC



When: August 8,9,10 2025

Where: Camp Lakeview 32919 Benbow

Dr. E. Graham WA, 98338

<u>Camping</u>

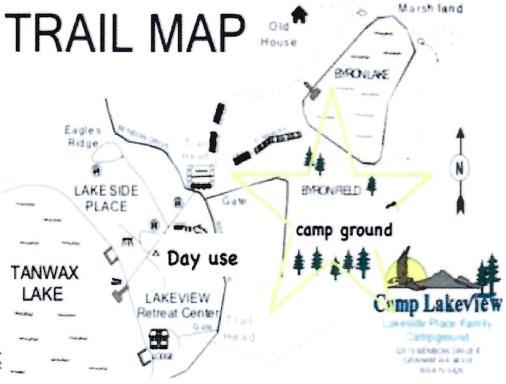
\$60-WEEKEND per tent \$10 extra tent, (80 w/o pre-registration) Friday check in noon Sunday check out 11am \$10 Saturday picnic per person (No Rv Hookups)

Friday Night

- *7pm Chili cook off
- & potluck
- *Meeting 8pm
- *10pm campfire meetinç

<u>SATURDAY</u>

- *Meetings 6am 9am
- Noon
- *6pm Pulled Pork Hawaii themed potluck
- *7pm Speaker(s)
- *10pm campfire meeting



Activities

- *Swimming
- *Walking Trails
- *Fishing
- *Games
- *Boating (rentals available)
- *50/50 Raffle

For more info contact: Dennis H. 253-278-4278 Sarah B. 253-386-8286 Nicole C. 253-248-3042 Maria H. 253-468-7769

Hang In There Group Annual Picnic



Sunday August 24, 2025

11:00 am—3:00 pm



Frontier Park 21714 Meridian E Graham, WA 98338

Join us for a day of fun, food and fellowship!

Hot dogs and Hamburgers provided!

Please bring a side dish to share!

50/50 Raffle General raffle Dynamic Speaker



Note from Editor: This is the front page of the quarterly newsletter GSO in NY writes. You can go to <u>AA.org</u> download the newsletter or subscribe to it receive it in your email. Do it and enjoy the rest of this newsletter.

News and Notes from the General Service Office of A.A.®

www.aa.org

Vol. 72, No. 1 / Spring 2025

International Convention 2025 Update

Countdown to Vancouver!

There's still time to <u>register</u> for the 2025 A.A. International Convention in Vancouver, British Columbia, Canada, July 3-6, 2025.

Join your A.A. friends and guests for a convention full of opportunities to enjoy fellowship and fun.

- Thursday night party, flag ceremony, the stadium Big Meetings, and the Saturday night Old Timers meeting featuring speakers with 50+ years of sobriety.
- More than 250 different meetings to choose from on a variety of topics — and marathon meetings for those who want to sleep after the convention is over!
- 20+ Hospitality Suites.
- Visit the GSO Archives display and the Carry the Message Pavillion. Take part in the Walk the Walk from the Vancouver Convention Centre to BC Place.

Volunteer opportunities still available! Get the latest information on volunteering here.

Register for convention today <u>here!</u> Housing options still available — check out our Housing Resources information here.

Learn more about IC2025 at <u>aa.org/internation-</u> al-convention

Unable to attend the 2025 International Convention in person? There are options for you to participate!

Register for a Virtual Session Program Track.

This is a two-day eight-session virtual program track for individual viewing at home. The sessions will be livestreamed as they take place and will *not* be available for purchase after the Convention. The cost is \$35 (USD).

You can use the Online Registration portal to sign up for the Virtual Session Program Track: aa.org/international-convention

Purchase the 2025 International Convention Three Big Meetings Video Product

An anonymity-protected video recording of the Three Big Meetings in the stadium will be available for viewing after the Convention. The cost is \$60 (USD). Once you purchase the video, you will receive instructions via email *after* the convention about how to view the anonymity-protected video recording.

You can purchase the Three Big Meetings Video Product as an ancillary product through the Online Registration <u>portal</u>. If you are already registered for the Convention, log in to your registration record via your email confirmation and add the video to your purchase.

Friday, July 4, 2025:	9 a.m. – 10:30 a.m. PDT	A.A. Around the World Call Up I
Friday, July 4, 2025:	11 a.m. – 12:30 p.m. PDT	Online Meetings, Are We Hiding Behind Our Screens?
Friday, July 4, 2025:	1 p.m. – 2:30 p.m. PDT	Unity: The Most Cherished Quality
Friday, July 4, 2025:	3 p.m. – 4:30 p.m. PDT	Living Sober
Saturday, July 5, 2025:	9 a.m. – 10:30 a.m. PDT	A.A. Around the World Call Up II
Saturday, July 5, 2025:	11 a.m. – 12:30 p.m. PDT	H.A.L.T.
Saturday, July 5, 2025:	1 p.m. – 2:30 p.m. PDT	Intensive Work with Other Alcoholics
Saturday, July 5, 2025:	3 p.m. – 4:30 p.m. PDT	Celebrate Sobriety

There will be eight (8) 1.5-hour topic sessions to view. There is a half-hour break between sessions.

The Twelve Steps of Alcoholics Anonymous

Step 1

We admitted we were powerless over alcohol - that our lives had become unmanageable.

Step 2

Came to believe that a Power greater than ourselves could restore us to sanity.

Step 3

Made a decision to turn our will and our lives over to the care of God as we understood Him.

Step 4

Made a searching and fearless moral inventory of ourselves.

Step 5

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Step 6

Were entirely ready to have God remove all these defects of character.

Step 7

Humbly asked Him to remove our shortcomings.

Step 8

Made a list of all persons we had harmed, and became willing to make amends to them all.

Step 9

Made direct amends to such people wherever possible, except when to do so would injure them or others.

<u>Step 10</u>

Continued to take personal inventory and when we were wrong promptly admitted it.

<u>Step 11</u>

Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

<u>Step 12</u>

Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

The Twelve Traditions of Alcoholics Anonymous

(Short Form)

- Our common welfare should come first; personal recovery depends upon A.A. unity.
- 2. For our group purpose there is but one ultimate authority - a loving God as He may express Himself in our group conscience. Our leaders are but trusted servant; they do not govern.
- 3. The only requirement for A.A. membership is a desire to stop drinking.
- 4. Each group should be autonomous except in matters affecting other groups or A.A. as a whole.
- Each group has but one primary purpose-to carry it's message to the alcoholic who still suffers.
- 6. An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.
- 7. Every A.A. group ought to be fully self-supporting, declining outside contributions.
- 8. Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
- 9. A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.
- 10. Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be drawn into public controversy.
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
- 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

AREA 72

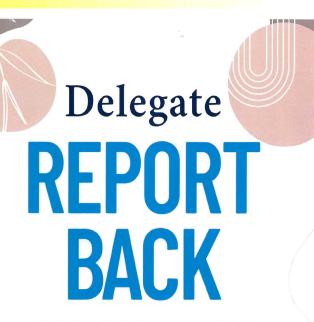
TREATMENT ROUNDTABLE

Do you have questions? Do you have suggestions? Are you interested in Treatment?

JUNE

Saturday

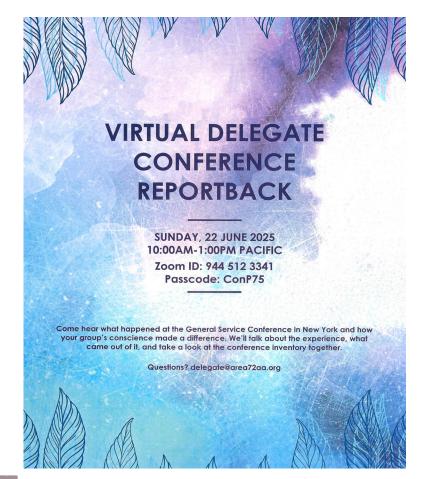
12:00 -1:30pm **Zoom Event Meeting ID:** 812 5591 9512 No Password For more information www.treatment@area72aa.org



JOIN DISTRICT 18 FOR A REPORT BACK FROM OUR DELEGATE LETS HEAR WHAT HAPPENED AT THE CONFERENCE JUNE 19, 2025 **6PM POTLUCK GATHERING** 6:30PM REPORT BACK BEGINS

> UNITED METHODIST CHURCH 2201 NE 4[™] ST. RENTON, WA 98056





Step Ashore XI

"The Northwest Woodstock Of AA"

AUGUST 7 - 10, 2025 **OCEAN SHORES CONVENTION CENTER**

2025 SPEAKERS

Nancy K. - Galt, CA

Marty J. - Richmond, B.C.

Angie B. - Destin, FL

Paula P. - Champagne, IL

Jack W. - Carbondale, CO.

Chris C. - Portland, OR

Michele B. - Kelowna, BC

Chip B. - Destin, FL

Pat U. - Seal Beach, CA

Scott T. - Cold Brook, NU

Mo L - Keizer, OR Ali H. - Toronto, ON, CA

Pearl J. - Conyers, GA

All Speakers and schedule of events are subject to change

2025 FULL PROGRAM ON WEB!

www.nwwoodstockofaa.org

EASY ONLINE REGISTRATION





3rd Annual Psychic Change Retreat

A 12-Step Weekend for Men of A.A. September 19-21, 2025

Guest Speaker ~ Sheldon F., Las Vegas NV

Registration \$170

Registration closes August 31, 2025

Salvation Army Camp Arnold 33412 Webster Rd E, Eatonville, WA 98324 *Dorm style housing and meals included.

Bring a sleeping bag, pillow, toiletries, snacks, etc



1. Register Online

Click Here to Register: https://forms.gle/yE7YvcTudUvxPJb16

2. Pay via Venmo or Check



@Alan-ONeill-3

Make Checks payable to:
Tony Winn
6427 195th Ave E
Bonney Lake, WA 98391

Contact: psychicchangeretreat@gmail.com

Members Page

This page is for AA members of District 29. Send in AA related quotes, cartoons, questions or short inspirational notes. If this page creates interest I'll keep it going. Ask a group member to submit something related to next month's Step 7 topic. Send it to this email by the 4th of every month <u>d29actionlog@pugetsoundaa.org</u>. Please take a moment to enjoy these and share!

We want to thank this Anonymous person for volunteering to write about this topic

Step Six

"Were entirely ready to have God remove all these defects of character"

Very few of my character defects have beaten me down the way alcohol had. When the compulsion to drink was lifted I felt confident that I could handle the rest of life's challenges just fine. What I found is that once I quit drinking my other defects started to move in to fill the void. Pride, Greed, Envy, Anger and Fear all started jockeying to see who could be next to bring me down. With the help of this step and guidance from my sponsor I am learning that all my defects must be addressed. My Higher Power will do the heavy lifting but I must still do my part.

Is the Magic you're looking for in the work you're avoiding?

An old man was walking on the beach one morning after a storm. In the distance, he could see someone moving like a dancer. As he came closer, he saw that it was a young woman picking up starfish and gently throwing them into the ocean. "Young lady, why are you throwing starfish into the ocean?" "The sun is up, and the tide is going out, and if I do not throw them in they will die," she said. "But young lady, do you not realize that there are many miles of beach and thousands of starfish? You cannot possibly make a difference." The young woman listened politely, then bent down.

Can you fill in the blank?

For all sentences it is a <u>2 word answer</u> and all are from the 4th Edition Big Book.

picked up another starfish and threw it into the sea.

"It made a difference for that one."

l .	I listened to their stories and found so many areas
	wherenot all of the deeds, but
	feelings of remorse and hopelessness.
2.	More than most people, the alcoholic leads
	life.
3.	He is very much
ŧ.	I found myself surrounded by people I could really
	·
).	I would run down to
	, take enough to steady my nerves,
	and then on to the
	Where you can to find the answers is on back

From page 27 this is where the answers are to the fill in the blank of the sentences. I hope when looking for the answers you enjoyed reading the contend around the sentences. All the answers are from the 4th Edition Big Book.

- 1. Page 344
- 2 . Page 73 and
- 3. Page 73 next sentence
- 4. Page 286
- 5. Page 183